

SHRI BHANWAR LAL DUGAR AYURVED VISHWA BHARTI, GANDHI VIDYA MANDIR, SARDAR SHAHAR (Churu)

Time Table Session 2025-26

Date - 20-11-2025

I Prof. BAMS (Batch 2025)

1	2	3	4	5	6
Practical 9.00 to 10.00 AM	10.00 -10.45	10.45 - 11.45	11.45 – 12.45	1.30 – 2.30	Practical 2.30 – 4.00
Samhita Adhyayan -I Mon – Tue = LH Wed – Sat = NLH Dr Lalita Sharma (Asst. Prof.)	Padarath Vigyan Mon-Friday Mon-Tue = LH Wed-Fri = NLH Dr Sushil Kaswan (Asst. Prof.) Samhita Adhyayan -I Saturday = LH	Rachana Sharir Mon- Thur = LH Fri-Sat =-NLH Dr Anil Joshi (Asso. Prof.) Dr Deepak Sewada (Asso. Prof.)	Sanskrit Mon – Tue = LH Wed – Sat + NLH Mr Sandeep Harit (Asst. Prof.)	Kriya Sharir Mon-Thur = LH Fri-Sat = NLH Dr Shyam Lal Sharma (Professor) Dr Rohan Verma (Asst. Prof.)	Monday - Padarth Vigyan/Sanskrit Dr Sushil Kaswan (Asst. Prof.) Mr Sandeep Harit (Asst. Prof.) Rachana Sharir Batch I - Tues- Wed Batch II - Thursday & Friday Saturday = All Students Dr Anil Joshi (Asso. Prof.) Dr Deepak Sewada (Asso. Prof.) Kriya Sharir Batch II - Tues- Wed Batch I - Thursday & Friday Dr Shyam Lal Sharma (Professor) Dr Rohan Verma (Asst. Prof.)

Note

1. Samhita Adhyayan & Dincharya Plan Class 6-30 AM to 7-30 AM
2. Break Fast & Rasayan Savan 7.30 to 8.00 AM
3. NLF = Non Lecture Hours
4. LH = Lecture Hours
5. Lunch Time 12-45 PM to 1.30 PM

Copy to ...

1. HOD Kriya Sharir
2. HOD Rachana Sharir
3. HOD Maulik Sidhant